

# The Newport Navallog

VOL. 102 NO. 41 OCTOBER 11, 2002

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



**EXCHANGE STUDENT** — 5k runner Officer Candidate William Gibson, right, tags cycling teammate Gunnery Sgt. Steven Kraft of the Seaman to Admiral-21 Team to begin the third leg of the Morale, Welfare and Recreation Department's first Command Relay last Friday outside Pool 307. Cheering them on is Cmdr. Evelyn Dyer, second left, director of STA-21, who swam a half-mile in the first leg. Story, more pictures, Pages 8-9.

Ron Fontaine/U.S. Navy photo



## Navy to march for Columbus

A 72-member Navy marching unit, two color guards, and a marching band will join Newport's Columbus Day Parade.

— Page 2



## Faded flag graces diner

Though tattered and worn, the Stars and Stripes still hangs proudly from Bishop's 4th Street Diner.

— Page 3



## Fort becomes spooky place

Volunteers are needed for 'Fright at the Fort,' a Halloween haunted house and fundraiser at Fort Adams.

— Page 6

## Roving reporter

### Our question:

The 227th Navy Birthday Ball is Oct. 11. If you were asked to give the toast, what would you say?

"Our Navy was strong yesterday. We are strong today. We will be even stronger tomorrow."

—DC2 Shaun Thompson  
Naval Education and  
Training Center/  
Fire Fighting School



"Here's to the continued preservation of liberty and democracy around the world."

—DC2 T. J. Leaman  
Naval Education  
and Training Center/  
Fire Fighting School



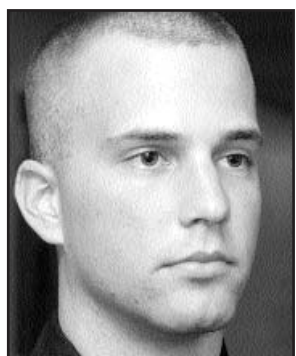
"Through the dedication of our sailors, the Navy will continue to be the nation's greatest asset, and on the Navy's birthday I say full speed ahead."

—DC1 Scott Humphrey  
Naval Education  
and Training Center/  
Fire Fighting School



"We are now in a period of time when America will look to us for an answer to the threat of terrorism. We all can be proud to be part of that answer. Ours is a call to protect this generation of Americans and generations to come."

—M/C Adrian Kellgren  
Naval Academy  
Preparatory School



"Here's to yet another year, that the everlasting Navy of the United States of America has served this great country with honor, courage, and commitment."

—M/C Maximilian Mayer  
Naval Academy  
Preparatory School



Ron Fontaine/U.S. Navy photo

**TESTING 1, 2, 3** — The guided missile destroyer USS The Sullivans is berthed amidships at the end of Pier Two, Naval Station Newport last week for parametric sonar testing by the Naval Undersea Warfare Center Division, Newport. NUWC prepared an Environmental Assessment paper before shallow water mine testing could begin in Narragansett Bay. The sonar bulb is below the waterline.

## Navy joins Columbus parade

By **RICHARD ALEXANDER**  
Navalog editor

will feature a nine-piece swing band, Bombay Jim and the Swinging Sapphires.

The popular Italian Marketplace will be Saturday, Oct. 12, from 11 a.m. to 4 p.m. on Williams Street, Newport.

Vendors will provide a variety of Italian foods and crafts; "Cosmo Cambio & the Aristocrats" will entertain with Italian musical favorites; Martha T. Cummings will sign copies of her latest book, *Wisdom of Angels: Unearthing my Italian Roots*; and children's activities, including bocce.

"Great Arias from Grand Opera" by Operartisi will be staged at Salve Regina University's Ochre Court on Sunday at 7:30 p.m. A reception begins at 6:30 p.m.



Naval Station (NAVS-TA) Newport will have strong representation in Newport's Columbus Day Parade, Monday, Oct. 14, which culminates the eighth annual weeklong Festa Italiana.

The parade begins at noon from St. Joseph's Church on Broadway, wends through Washington Square to Thames Street, along America's Cup Avenue, and up Memorial Boulevard East to Bellevue Avenue where ceremonies will be held at the Christopher Columbus statue.

The Naval Education and Training Center (NETC) will provide a 72-member marching unit, composed of students in the Naval Science Institute and Seaman-to-Admiral 21 Program, the Officer Indoctrination School, plus other schools under its command.

Navy Band Northeast will provide a marching band and the Naval Ambulatory Care Center (NACC) Newport and Naval Reserve Readiness Command, Northeast, will provide color guards for the military contingent.

Preceding the parade will be a weekend of events. A dinner dance will be held in the new Pavilion Room of the Atlantic Beach Club in Middletown and

**Navalog**  
Capt. Ruth A. Cooper  
Commanding Officer, Naval Station Newport

<b>David Sanders</b> NAVSTA Public Affairs Officer	<b>Bob Krekorian</b> NAVSTA Public Affairs Staff	<b>Greg Kohlweiss</b> NAVSTA Public Affairs Staff
<b>Ron Fontaine</b> NAVSTA Public Affairs Staff	<b>Joy Christmas</b> NAVSTA Public Affairs Staff	<b>Richard Alexander</b> NAVALOG Editor

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# 4th Street Diner wears colors well

By KATE HOWARD  
NAVSTA Public Affairs Staff

Old Glory, with its stars and stripes faded and its seams tattered from a yearlong exposure to the elements, hangs serenely against the shiny aluminum and bright reds of Bishop's 4th Street Diner on Admiral Kalbfus Road at the Newport Rotary.

Steve and Nancy Bishop, who have owned the diner outside Gate One for the last four years, searched desperately for a flag large enough to hang outside their restaurant in the wake of the terrorist attacks on Sept. 11, 2001.

They were disappointed when they could find only small flags to hang on either side of the restaurant's expansive picture windows. But they were swept away with the wind, and the Bishops were frustrated.

Then Nancy's mother called. "She said, 'I have something for you.' So we went over there and she handed me the flag, still folded the same way (in a triangle)," said Nancy. This flag had draped the coffin at the 1983 funeral of Chief Clifford Greenman, a Navy veteran of 22 1/2 years who was stationed at the former U.S. Navy Base, now Naval Station Newport.

He was Nancy's father. "My brothers came over on a Sunday and hung it for me," Nancy said of the 5 by 9 1/2-foot flag that reaches miracu-



Ron Fontaine/U.S. Navy photo

**WAVING OLD GLORY** — Steve and Nancy Bishop, owners of Bishop's 4th Street Diner at the Newport Rotary, admire their tattered American flag they've flown since Sept. 11, 2001.

lously from the top of the diner to its front steps—the perfect size. "It was really sentimental."

In the aftermath of Sept. 11, business slowed for the Bishops. The terrorist events affected them emotionally, because they know so many people in the military, but also financially because the diner counts heavily on Navy customers.

"Security was tight," Steve said. "People didn't have time

to go out and have lunch because the lines to get back on the base were so long."

Business didn't pick up again until this past June.

The Bishops' Navy ties originated when they both worked at Ney Hall galley at NAVSTA. They met there 20 years ago, and they've been together ever since. They left the galley only when they decided to buy the diner.

The restaurant is adorned

with Betty Boop memorabilia on one side and Miami Dolphins merchandise on the other.

The flag is weathered, but Nancy hasn't brought herself to take it down yet.

"We know it's getting worn," Nancy said sadly. "Flags that large are hard to come by, and they haven't found one the right size yet."

## A number of things

**68**

The number of times the Surface Navy Association has run the '5k By The Bay' run and walk on Naval Station Newport to raise money for the Navy Marine Corps Relief Society. **Story, Page 12.**

**72**

The number of Naval Education and Training Center students who will compose a Navy marching unit in Newport's Columbus Day Parade on Monday, Oct. 14. **Story Page 2.**

**203**

The number of years ago when Fourth of July ceremonies dedicated a 20-gun battery on Brenton Point, Newport — the site for the future Fort Adams. **Restoration fundraiser story, Page 6.**

**203,500**

The number of new cases of breast cancer that will be diagnosed in the United States this year, the American Cancer Society said. About 40,000 women will die from the disease. **Story Page 5**

**6.6 million**

The amount in dollars that the Navy Marine Corps Relief Society provided in college tuition aid in 2001 to naval service families. **Story Page 5.**

**144 million**

The number of U.S. citizens in more than 100,000 communities who drink fluoridated water.

## Awareness Fair to highlight services for disabled workers

MIDDLETOWN — Naval Station Newport's Equal Employment Opportunity Committee (EEO) will sponsor "Win With Ability," its second annual Disability Awareness Fair.

It will be held Oct. 23 from 11 a.m. to 2 p.m. in the Conference Center at the Ramada Inn on West Main Road at Access Highway.

The fair is being held in recognition of "Americans with Disabilities Month," and will serve as a vehicle to provide the public and the Naval Station Newport workforce with information on the Americans

with Disabilities Act and products and services for people with disabilities.

At least 45 vendors and organizations that provide services for those with disabilities will attend, according to Kathryn Allen, chairperson of the event.

Organizations such as the Visiting Nurses Association will provide cholesterol tests and similar hands-on information.

Other companies represented include the American Heart Association, the Brain Injury Association of Rhode Island,

and various companies that provide adaptive vans and refit vehicles to accommodate different disabilities.

Ms. Allen may be contacted at 841-4875 for more information.

### Correction

Chuck Kesson, a volunteer from the Coasters' Harbor Navy Yacht Club, supplied the on-the-water photos of the Special Olympics Rhode Island Sailing Regatta that were published in *The Newport Navallog* last week. Credit was given incorrectly to Mike Arsenault.

## Tickets still available for Navy Ball tonight

The 227th Navy Birthday Ball, with all its tradition, color and service pride, gets underway tonight at 6 at the Officers' Club.

The guest speaker will be Rear Adm. Rodney Rempt, President of the Naval War College. Navy Band Northeast's Rock Band, Rhode Island Sound, will provide the music for the evening. A dazzling evening has been prepared for all.

The main courses con-

sist of prime rib, chicken portabella, and pasta primavera. Uniform requirements are mess dress for O-4 and above, service dress blues for O-1 to O-3, service dress blues with jacket for senior enlisted, and service dress blues without jacket for junior enlisted.

Dress for civilians is formal to semi-formal attire. Last minute tickets may be purchased at the Officers' Club.

**QUEEN FOR THE DAY —** Cmdr. Evelyn J. Dyer, director of the Seaman to Admiral-21 program at the Naval Education and Training Center, sports a tiara as she celebrates her birthday Oct. 4. Proclaimed honorary 'Queen for the Day' by her staff, she was complimented as the 'No. 1 schoolhouse director at the command.'

STA-21 photo



## Good Conduct Award

CE2 Daniel Baldwin, Self Help, Naval Station Newport, Oct. 2, 2002.

## Letter of Appreciation

BM2 Sharelle Owens, Pier Two Port Operations, Naval Station Newport, Oct. 2, 2002.

Tina Vars, representing Personal Property, Naval Station Newport, Oct. 2, 2002.

Alexander Joe, Inspector General/Management Analysis, from Naval Legal Service Office, North-Central, Naval Station Newport, Oct. 2, 2002.

Fran Christian, Fleet and Family Service Center, from Naval Education and Training Center, Naval Station Newport, Oct. 2, 2002.

## Letter of Bravo Zulu

Paul Manning, Naval Station Newport Housing, from Naval War College, Naval Station Newport, Oct. 2, 2002.

## Length of Service

James Cabeceiras, Public Works Dept., 25 years, Naval Station Newport, Oct. 2, 2002.

John Sardinha, Pubic Works Dept., 25 years, Naval Station Newport, Oct. 2, 2002.

# University of Texas and NUWC unite for nanotechnology study

BY GARY STEIGERWALD

NUWC Newport PAO

MIDDLETOWN— Electronic and biomedical components are shrinking as scientists and engineers learn more about constructing the molecular building blocks of smaller and smaller devices.

Nanotechnology, the enabling technology that fabricates materials and devices from pieces as small as a billionth of a meter, is transforming our world in all aspects— from how information is retrieved from disk drives to how pharmaceuticals are developed in the laboratory and delivered to organs in the human body.

To help ensure the growth of scientists and engineers with the technical skills and abilities to take on the challenges of the new nano world, the Naval Undersea Warfare Center (NUWC) Division Newport, and the University of Texas at Austin have entered into an Education Partnership Agreement to promote education in nano-science and engineering.

Capitalizing on the University's Center for Nano- and Molecular Science and Technology (CNM), the University and NUWC will foster educational and research opportunities for graduate students.

Under the agreement signed by Rear Adm. John D. Butler, Commander of NUWC, and Dr. Larry R. Faulkner, president of the UT Austin, NUWC scientists and engineers will be able to participate in curriculum development and provide research topics and guidance to the graduate students.

The graduate students can earn academic credits while working on the Navy oriented projects. Equipment can also be loaned by NUWC and excess equipment can be donated to the University. In return, the Navy will be able to capitalize on the CNM's innovations in nanoscale science.

Nanotechnology is altering the way the Navy utilizes sensors on undersea vehicles, moving emphasis from large externally towed modules to embedded sensors on the hull of vehicles.

## 'Heroes are trustful,' says Courtney

The Armed Services YMCA sponsored an essay writing contest for school age military family members. The question was "What Does It Mean To Be A Hero?"

"During the past year all of us have heard of many heroic acts and the word hero used many times over," an ASYM-CA spokesman said. "Heroes come in many forms and some of them quite unex-

pected."

The deadline for entries was Oct. 1, and the winner, Courtney Everhart, 7, received a \$50 U.S. Savings Bond.

### 'What It Means To Be A Hero'

By COURTNEY EVERHART

"When someone is your hero you trust them very much (like your parents). You

tell them the truth. A firefighter is a hero that everybody knows is trustful.

"I think a hero has lots of courage and bravery because they help save people and keep them safe even if it means they risk their life."

(Courtney is the daughter of Lt. Cmdr. Darrell and Terri Everhart of 124-A Lake Erie St., Middletown.)

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# ASYMCA, Surgical Clinic accent breast cancer awareness

By **ENS. JENNIFER BERG**  
NAVSTA Public Affairs Staff

The Newport Armed Services YMCA and the Naval Ambulatory Care Center (NACC) are recognizing October as National Breast Cancer Awareness Month by sponsoring two events.

ASYMCA will hold a 5K Run for Awareness on Oct. 25 at Gym 109. Registration will begin at 2:45 p.m. at the gym with the run/walk beginning at 3:30 p.m.

The first 50 registrants will receive a free T-shirt. For more information, call the Health Promotion Department at the Naval Ambulatory Care Center, Newport, at 841-6777/8.

NACC Newport's Surgical Clinic will be open Oct. 18 from 8 a.m. to 3 p.m. for authorized patients who can learn more about breast cancer prevention, breast self exams, and risk factor assessment. Mammograms also will be available, if needed.

Patients are requested to call the Surgical Clinic at 841-4115 and schedule an appointment to avoid prolonged waiting.

To increase knowledge of this common cancer, the American Cancer Society has designated Oct. 18 as National Mammography Day. A mammography is a low dose x-ray that allows the internal structure of the breast to be visualized.

For information on free mammograms call 1-800-ACS-2345.

Breast cancer is the second most common leading cause of death in women next to lung cancer. Breast cancer accounts for 30 percent of all cancers in women.

## Did you know?

Money for college could be as close as your local Navy Marine Corps Relief office?

During 2001 the Society helped naval service families pursue their academic goals by providing \$6.6 million of assistance to over 4,000 students under the various NMCRS education programs.

These include the Vice Adm. E. P. Travers Scholarship and Loan Program and the Spouse Tuition Aid Program for spouses residing overseas.

In 2002, an estimated 203,500 new cases will be diagnosed in the United States and more than 40,000 women will die from the disease. All women are at risk.

However, breast cancer is a treatable disease. The key to survival is early detection.

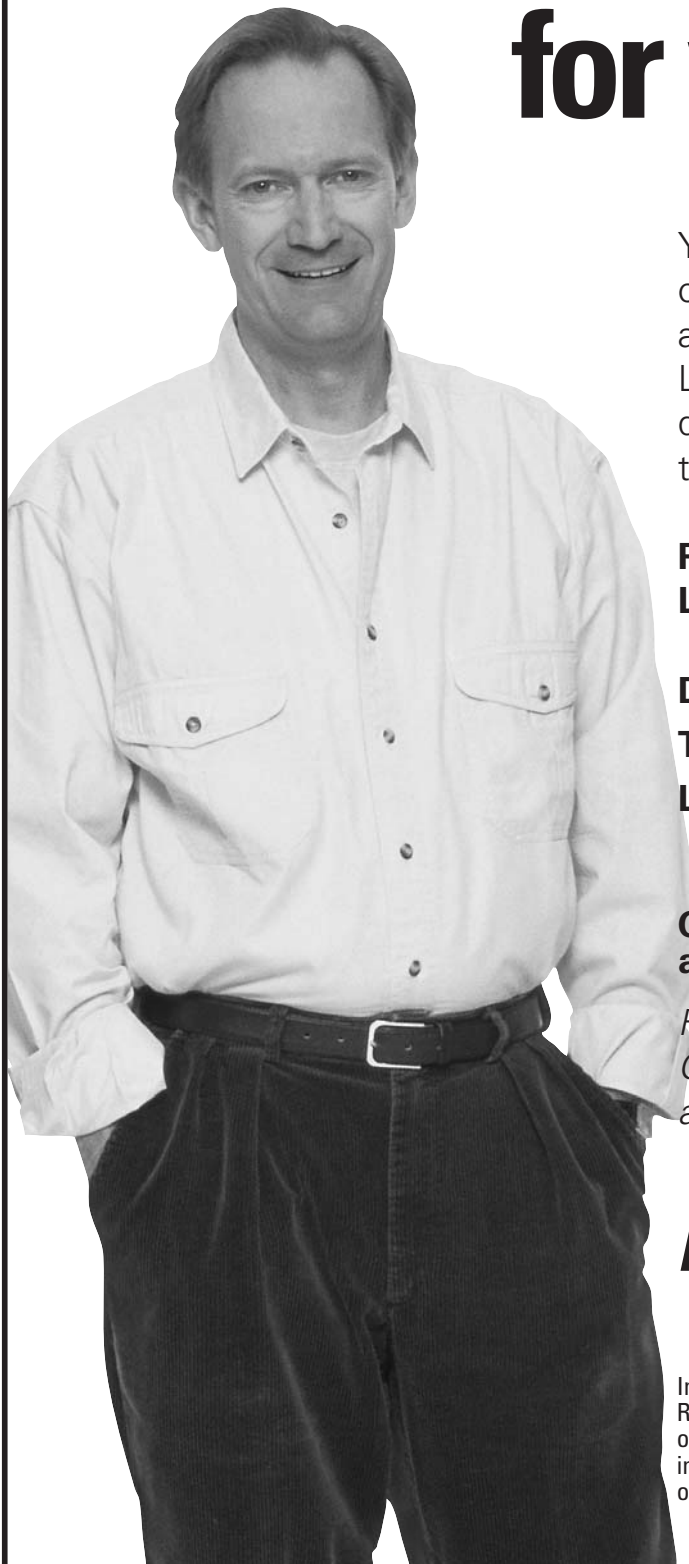
According to the American Cancer Society, after age 20 self-breast exams should be

conducted every month. Clinical breast exams are recommended every three years between ages 20 and 39, and yearly after age 40. Beginning at age 40, mammograms

should be taken every year.

Women can help reduce the risk of breast cancer by eating a healthy diet, being physically active, maintaining a healthy body weight, and not smoking.

## Which long-term care coverage is right for you?



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**Time: 6:00 pm**

**Location: Newport Library  
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## Announcements

### Defense Security relocates

WARWICK — The Defense Security Service (DSS) Field Office has relocated from 51A Bay View Park in Middletown to 535 Centerville Road, Suite 302, Warwick, according to Special Agent in Charge Ron Pellegrini.

He can be reached at their new location, (401) 736-0984.

DSS continues to maintain a daytime office at the Naval War College, 841-2075; and two offices in Building 1121, Naval Station Newport, at 841-7388 and 841-6940.

### Absentee military voters urged to file applications

The state deadlines for absentee voters are nearing.

To be eligible to vote in the November general election, servicemembers and family members over age 18 should request Federal Post Card Application (FPCA) forms to register to vote.

U.S. civilians and military personnel living overseas need to submit voter registration forms to ensure local election officials receive them by Oct. 7, and then complete and return their absentee ballots by Oct. 15.

Overseas voters whose requested ballots do not arrive in time to be counted should use the federal write-in absentee ballot.

Military personnel with questions on absentee voting requirements should see their unit voting assistance officer or read their state registration and voting procedures in the Voting Assistance Guide on the federal voting assistance program website (<http://www.fvap.gov/>).

### Health Consumer Council posts quarterly meeting

The quarterly Naval Ambulatory Care Center, Newport, Health Care Consumer Council meeting is scheduled for Oct. 15 at 1 p.m. in Building 43, second floor command conference room.

Beneficiaries who utilize NACC Newport for their medical care, are encouraged to attend to be appraised of current policy regarding medical care.

### International students offer cultural program

The Naval Staff College at the Naval War College has revived the Country Presentations Program by its international students.

The presentations will be held in Pringle Auditorium from noon to 1 p.m. Each student, dressed in native attire or his country's uniform, will present a slide show or brief about his country, explaining its culture, economy and customs. They may also serve ethnic food.

The presentations will resume with:

Oct. 17, Israel and Saudi Arabia

Oct. 22, Jordan and Mexico

Oct. 24, Ghana and Greece

Oct. 31, Slovenia and Turkey

Nov. 12, Lithuania and Morocco

Nov. 14, Grenada and Pakistan

Nov. 19, Bahrain

Students are reminded to schedule a rehearsal with their adviser prior to their presentation.

# Ft. Adams to become haunted for new Halloween fundraiser

The Fort Adams Trust is teaming up with Fright Night Productions for a Halloween fundraiser, "Fright at the Fort," at Fort Adams on Oct. 25, 26, 30 and 31. The haunted house will be open from 6 to 9 p.m. each day.

Promising to be a spooky event for those who dare, families with children ages 8 and up are welcome.

Money raised will go toward restoration and renovation efforts at the fortifications which date back to 1799. The Fort Adams Trust needs volunteers of all ages, including any military members interested, for planning, set-up and take down of the Haunted House.

The Trust also needs donations of old uniforms, as they hope to integrate Newport's military history into the fun and fright of the haunted house.

"The Naval War College community, including students, spouses and families have been instrumental to our ongoing efforts at Fort Adams," said Mary Beth Smith, executive assis-



tant, Fort Adams Trust. "Now we are asking the Naval Station for more help in volunteer efforts with our 'Fright at the Fort' event."

"Fright at the Fort" is free for volunteers and their families. Admission fees to the general public are \$4 for ages 8 to 12; and \$8 ages 12 and up.

"The history of Fort Adams really parallels the history of Newport," said Joan Onders, Fort Adams tour guide and wife of Naval War College student, Cmdr. Randy Onders. "There is a group of spouses that are volunteering our time here at Fort Adams. It's such a great piece of history, and we believe it's a worthwhile cause to support."

More recent site improvements include the installation of a historic flagpole, outdoor lighting of the granite walls, and creation of a second scenic overlook.

For more information, call Smith at 841-0707 or email to [mbsmith@fortadams.org](mailto:mbsmith@fortadams.org).








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# Take strength in Navy heritage as war clouds loom

By **CHAPLAIN D. STALLARD**  
Instructor, Naval Chaplains School

Birthdays are a time of celebration — a time of reflection to look back on the good and bad times but also a time to look forward in hope of a bright and better future.

The United States Navy on Oct. 13 celebrates 227 years of “staying the course.”

Even though our nation declared independence on July

deterrent system (*Naval Officers Guide*, page 2).

Today, as we celebrate our Navy's birthday let us embody the words of Gen. George Washington, who on June 14, 1783, at the end of the Revolu-

tionary War sent a farewell circular letter from his headquarters to the 13 governors of the newly freed states.

He wrote, “I now make it my earnest prayer that God would have you, and the State over

which you preside, in his holy protection...that he would most graciously be pleased to dispose us all to do justice, to love mercy, and demean ourselves with that charity, humility, and pacific temper of

mind, which were the characteristics of the Divine Author..., and without a humble imitation of whose example in these things, we can never hope to be a happy nation (*America's: God and Country*, p. 646).”

## Keeping the Faith

4, 1776, our United States Navy was created amidst strife and impending war on Oct. 13, 1775.

Today, as the war on terrorism moves forward and the dark clouds of possible war with Iraq loom over our heads, we can hold fast to our faith in God — which is like an “anchor of the soul, a hope both sure and steadfast...” (*Hebrews 6:19*).

Last week our President released the National Security Strategy. In this impressive document President Bush states, “In the 21st century only nations that share a commitment to protecting basic human rights and guaranteeing political and economic freedom will be able to unleash the potential of their people and assure their future prosperity.

“People everywhere want to be able to speak freely; choose who will govern them; worship as they please; educate their children—male and female; own property; and enjoy the benefits of their labor.”

“These values of freedom are right and true for every person, in every society—and the duty of protecting these values against their enemies is the common calling of freedom-loving people across the globe and across the ages.”

Today our Navy celebrates our heritage. Today our Navy waves high the banner, “Don't Tread on Me.” Today our Navy continues what began over two centuries ago to be “a strong, ready Navy capable of projecting its power across the sea and ashore with the combination of surface, submarine and amphibious forces and carrier and shore based air forces, and capable of maintaining a sea based strategic

## “The accident was 20 miles from nowhere in Montana. US Family brought us home.”

“My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver. It landed at 8:00 a.m. and we were on our way at 9:00 a.m. — the pilot, copilot, ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary.”

- Rod Walz, US Air Force, Ret.  
US Family Health Plan member;  
Falmouth, MA

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# Command Relay 2002



5k RUNNERS, on the second leg of the Command Relay, get a police escort as they approach the finish line at Pool 307.

A four-man Air Force squad rules land and water in the Morale, Welfare and Recreation Department's first Command Relay event last Friday.



By **RICHARD ALEXANDER**  
Navalog editor

With only a four-man team, Air Force beat out six other Navy squads of five members each in the Morale, Welfare and Recreation Department's first Command Relay last Friday at Naval Station Newport.

Competition consisted of a half mile swim (25 laps) at the Navy Training Pool 307, a 5 kilometer run, a bike race from the pool to Carr Point Recreation Area, a 400 yard sprint with several calisthenics workout stations, and finally an obstacle course.

Winning team members were USAF Lt. Col. Joseph Dill, Naval War College (NWC) faculty; plus USAF Majors Larry McLaughlin, Paul Donovan and Gary Puhek, all in the Naval Command and Staff junior class at NWC.

Though each teammate was supposed to compete in only one of the five events, McLaughlin swam and ran the obstacle course for his team.

"Team Primal," one of two Surface Warfare Officers School Command (SWOSCOLCOM) teams, sported personalized ragged vests with their names across the back.

Team member Ens. Terri Lawson said she designed them to boost camaraderie,

but it was her first place finish in swimming that gave the team's 5k runner a huge lead.

"I usually swim 2,000 yards a day, so 800 yards wasn't too much," she said. "But I haven't been in competition recently."

But Maj. Puhek for Air Force overtook Team Primal in the 5k, which gave Lt. Col. Dill an



**T-SHIRTS** are passed out to Command Relay participants.

early lead in the bike leg and the eventual victory.

The Broadened Opportunity for Officer Training and Selection (BOOST) student team struggled in the early events and were headed for dead last, but a strong finish in the obstacle course gave the team sixth place.

"Let it be known that the BOOST team was last in swimming and last in the run, but we didn't finish last," one team member boasted.

Sgt. Travis Bowser for the BOOST students said his teammate's quickness in the 400 yard sprint helped close the gap at the end.

"This is a wild obstacle

**HIGH GEAR** — Lt. James Rapley of Team Primal, on the third leg of the relay, pedals down Burma Road toward Carr Point Recreation Area.

**RELAY, Page 9**





**SGT. TRAVIS BOWSER** of the Broadened Opportunity for Officer Selection and Training (BOOST) Students team, crawls out from under a tent fly at the end of the Obstacle Course.

# Relay

Continued from Page 8

course,” he said. “We drove in, and got to see it only once. It was explained to us, but we couldn’t practice on it. We just had to do it.”

The relay concluded with a complimentary cookout and award ceremony. All participants received t-shirts, and Air Force received a plaque that will hang in Gym 109.

Relay organizer Brett Estrella said the final order of finish was:

1. U.S. Air Force
2. Seaman to Admiral-21 S Staff
3. SWOS Team Primal
4. SWOS Niners
5. Naval War College Wargamers
6. BOOST students
7. Naval War College One

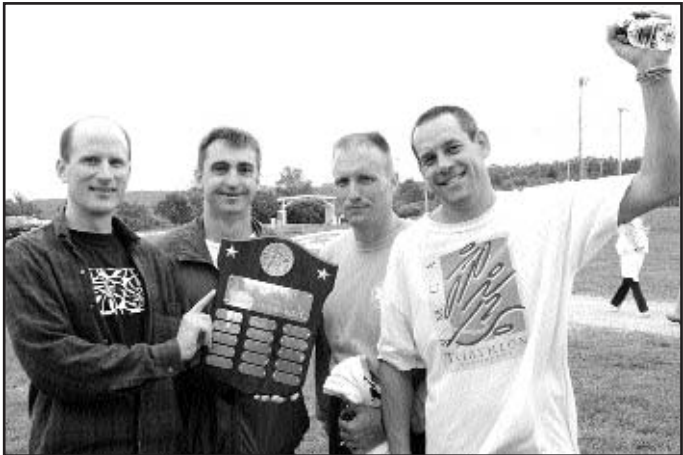
**Ron Fontaine/  
U.S. Navy photos**



**LARRY McLAUGHLIN.** Air Force team, circles through the Obstacle Course at Carr Point for first place victory.



**ONE IF BY LAND ...** Ens. Terri Lawson, left, the first swimmer to finish, tags teammate and 5k runner Chief John Newcomb of ‘Team Primal’ at Pool 307.



**AIR POWER —** Air Force, winners of the Command Relay, pose with their plaque at Carr Point. From left are Majors Gary Puhek, Larry McLaughlin, Paul Donovan and Lt. Col. Joe Dill.

## Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

**Today:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

**Tonight:** Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or, enjoy a free food buffet. Deck and Pub open at 4 p.m. Rocking DJ, Lou Pazienza spins tunes every Friday from 5 to 9 p.m.

**Saturday:** Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

**Sunday:** All hands Brunch, buffet-style, main dining room, 10 a.m. to 12:30 p.m. Reservations required.

**Monday and Tuesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

**Wednesday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free sliced beef sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at 4 p.m.

**Thursday:** Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, creamy clam chowder and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

## Upcoming Events:

Advance tickets may be required for below events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

**Oct. 25:** The legendary jump-blues band, Roomful of Blues, returns to Rhode Island for this spectacular Oktoberfest event at the Officers' Club!

The Grammy-nominated



**SINGING THE BLUES** — The legendary jump-blues band, Roomful of Blues, returns to Rhode Island for a spectacular Oktoberfest event at the Officers' Club on Oct. 25. More information, this page.

octet is bringing out the brass for their eclectic blend of blues, jump, swing, soul, funk and more and you won't want to miss it!

The doors open at 5 p.m. and delicious, authentic German delicacies will be available kiosk-style. There will also be plenty of refreshing beverages in the *biergarten*, so come early, eat, drink and get a good seat, because this event is sure to sell-out!

Advance tickets for this extraordinary show are now on sale at the Officers' Club Gift Shop for just \$10 each. Tickets will also be available the night of the show for \$12 each.

Tickets for children ages 4 to 12 cost \$5 a piece and children under 3 are

admitted free. Purchase tickets by phone using Visa/MasterCard by calling 846-7987.

## Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

**Today:** Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Tonight:** Head over to the deck tonight and every Friday night and kick off the weekend with a dynamite deck party! Starting at 5 p.m., you are invited to enjoy grill-your-own complimentary hot dogs, hamburgers and much more, as you sip refreshing beverages, and listen to the coolest tunes, spun by "Deck D.J." Tim West.

The party moves inside in case of rain. So, mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center. For more information, call 841-3054.

From 5 to 8, order our fish 'n chips dinner. Call for advance order take out. No home delivery.

**Saturday:** 11 a.m. to 11 p.m., Pub

menu available all day.

**Sunday:** Noon to 8 p.m., Pub menu available all day.

**Monday-Friday:** Breakfast, 7:30 to 11 a.m., full menu featuring omelets, breakfast sandwiches, bagels, muffins, croissants and pancakes.

Lunch, begins at 11 a.m., daily specials and pub menu, including burgers, salads, sandwiches and more. Lunch and dinner is open to all hands and Department of Defense civilians are always welcome.

**Monday is "Pile your Plate" with Pasta night,** 5 to 8 p.m. Enjoy pasta, marinara sauce, meatballs, sausage, salad and more! Just \$4 per person.

**Tuesday is "Taco Night,"** 5 to 8 p.m. Create your perfect taco using all your favorite ingredients for just \$1 each!

**Weekly Pool Tournaments:** If you love the friendly competition of a pool tournament, the Recreation Center is the place every Tuesday night at 7.

The tournaments are open to active duty, retired, reservist and Department of Defense civilian personnel, age 18 or older.

For more information, call Deb Newton or Kath Watterson, evenings at 841-2575.

**Wednesday is "Wild Wings" Night,** 5 to 8 p.m. Basket of chicken wings (available three ways), fresh celery and blue cheese dipping sauce costs just \$2.25!

**Thursday is our "Sizzling Sirloin Special,"** 5 to 8 p.m. Includes steak, French fries and salad for "sizzling" \$7.50!

*Survivor*, the original reality based show, will be televised. The contestants include Training Pool 307 coordinator, Helen Glover, trying to "outwit, outplay and outlast" the competition.

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## Ghoulish Gathering back for Halloween

The Morale, Welfare and Recreation Department is bringing back its popular "spook"tacular Halloween event for children ages 4 to 12—the Ghoulish Gathering on Oct. 30 from 5 to 7 p.m. at the Officers' Club ballroom.

Children and parents alike are invited to don their cutest, scariest, or wildest costumes.

There will be a Halloween hayride, crafts, and games galore. Enter your carved jack 'o lantern, or a painted or decorated pumpkin in a contest and you could win a prize! Light refreshments will be available.

Remember, costumes are a must for children and encouraged for parents.

Pre-registration is not required, but adult volunteers are needed.

For more information or to volunteer, call Amy Burnes, MWR Special Events coordinator, at 841-4038.

## Bowling

(Building 656, 841-4293)

—Seaview Lanes fall/winter hours of operation follow:

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n Bowl.

### Specials:

— Sunday special is \$7 an hour from 1 to 7 p.m. for two people.

— Bowling birthday parties available Saturdays and Sundays and include reserved lanes with or without bumpers. A party table with chairs is also included. Cost is just \$5 for each child, including shoe rental.

— Bumper bowling is always available.

## Gymnasium

(Gym 109, 841-3154)

•Fitness Walk 'n Tone, designed for patrons age 50 and up. Stretching and muscle toning exercises as well as 20-plus minutes of fitness walking around the gymnasium. Classes are

held Monday and Thursday 8 to 9 a.m. in Gym 109. Call for space availability. Fee is \$5 for six weeks.

•Fitness equipment such as Hammer Strength, lifecycles, treadmills, free weights, etc available; also racquetball, squash and basketball courts.

## Aerobics/exercise

(FITNESS Plus, Building 355, 841-1474)

Current hours of operation are Monday to Friday, 5 a.m. to 7:30 p.m.; closed weekends and holidays.

•The fall schedule of group fitness classes is now in effect and includes new classes such as Pilates, incorporating exercises for core muscles and lengthening stretches; Yoga and Cardio Kickboxing. The schedule still contains a good variety of cardiovascular, toning and circuit training classes which are offered throughout the day. No need to pre-register. Classes are free to active duty, dependents, and active reservists.

DoD may participate for just \$1 to walk-in or purchase a punch card good for 30 classes for just \$25. Call or stop by for current schedule.

## Computer Café

(Building 656, 841-2194)

•Personal computers available seven days a week to send and receive email, surf the web, play games, etc. — all at no charge. Open Monday through Friday at 7:30 a.m.; Saturday, 11 a.m. to 11 p.m. and Sunday, noon to 8 p.m. Food menu available from the Recreation Center kitchen.

## Music/games

(Building 656, 841-3054)

•Lunchtime BINGO, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning that lucky person \$100.

Three regular games each day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

•Karaoke, Oct. 12 and 26, at 8 p.m. Showcase your talents with golden oldies, country hits, and of course, today's top tunes, beginning at 8 p.m. No cover charge.

## Les Miserables tickets Nov. 3

The Ticket Connection, Building 656 is selling a limited number of tickets to the Sunday, Nov. 3, matinee performance of Les Miserables at the Providence Performing Arts Center.

Tickets cost \$53 each. These are great seats in the orchestra seating area, so hurry in to get yours today! For more information, please call the Ticket Connection at ext. 1-3116 or visit the office.

## Foxwoods has discounts to boxing

LEDYARD, Conn. — Foxwoods Casino is offering a military discount on tickets for the Oct. 25 live boxing event. The two-for-one discount is valid on the \$40 tickets and is available to all active duty and retired military members.

Tickets must be purchased at the box office and proper military identification will be required. No phone orders will be accepted.

The evening's main event will feature a 12-round USBA Lightweight Championship fight between Julian Wheeler and Leavander Johnson. The co-feature is a 10-round lightweight bout with Gary "Tiger" Balletto vs. Jose Antonio Ramirez. Five other matches are also on the schedule. Doors open at 6 p.m.

For additional information, visit [www.foxwoods.com](http://www.foxwoods.com) or call the casino.



## King Richard's Faire returns

CARVER, Mass. — Highwaymen, jousting knights, magicians, musicians, wenches, swordsmen and mimes are just a few of the characters that will greet you at King Richard's Renaissance Faire in Carver.

The Faire, held on an 80-acre site of woodlands and meadows, runs weekends ONLY to Oct. 20 and is a must-see for entertainment.

Discounted adult tickets for selected dates are priced at \$20 (\$22 at the gate) and are available at the Ticket Connection in Building 656. Tickets for children ages 5-12 may be purchased for \$11 at the gate.

Children under age 4 will be admitted free. Call 841-3116 for more information.

## Gear Rental

### Get fitted for ski gear

The ski season is just around the corner—are you ready for it?

Ski and pole measurements, and boot fittings are offered at Gear Rental, Building 303, Tuesday through Saturday from 9 a.m. to 3 p.m.

Skis will not be rented after 4 p.m. to anyone who has not been previously fitted.

Measurements will be kept on file for the entire season.

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## Injured, judo ace fights on

NEWARK, N.J. — Despite suffering a broken wrist in competition, Hospitalman



HN Volmar

Adler Volmar took second place at the 36th annual East Coast Judo Championships in

Newark on Sept. 28.

Volmar, attached to the Naval Ambulatory Care Center, Newport, won five of his six matches in the 220-pound black belt division. His only loss was by judge's decision to the first place winner.

Volmar's fifth match of the tournament was against last year's runner-up, Shintaro Higashi. Higashi lifted Volmar off the mat and slammed him down on his head and wrist. The awkward landing ended up breaking Volmar's wrist but he was still able to rally to win the match with a crushing throw for "ippon," which is the judo equivalent of a knockout.

In the second/third place match Volmar beat national bronze Medalist Barry Friedberg of New York with a leg technique take-down despite the fact that he was fighting virtually one-handed. But the win advanced him to the title round.

Volmar took a bronze medal at the Nationals in April in the 198 pound division. He has moved up in weight and is attempting to make the 2004 U.S. Olympic Judo Team.

Volmar represented Haiti in the 1996 Olympics in Atlanta. He was born in the U.S. but was raised in Haiti.



PHC (AW) Jon Hockersmith/U.S. Navy photo

**NET EFFECT —** Midshipman Candidate and team captain Karla Lazenby of the Naval Academy Prep School spikes against Mitchell College, while teammate Midshipman Candidate Tammy Alvarado, background, waits to defend, Tuesday night at Gym 302. NAPS won, 30-12, 30-14 and 30-25, for a 7-1 season record.

## Fleet and Family Support Center Learn some techniques to polish relationships

The Fleet and Family Support Center is conducting a workshop for individuals and couples who would like to learn some proven ways to improve communication in their personal relationships.

The five-session workshop, Relationship Enhancement, begins Tuesday, Oct. 15, from 6:30 to 9 p.m. Call 841-2283 to register.

**Early childhood STEP (Systematic Training for Effective Parenting)**—This five-week program is designed to give parents information about child development, practical

discipline, communication strategies, ways to build self-esteem, and more. The program begins on Tuesday, Oct. 15, from 6:30 to 8 p.m.

For more information and to register, call 841-2283.

**Buying a new car?** An image of your dream car hovers in your mind—it is shiny, colorful, and purrs like a kitten. But, standing between you and your dream car is the dreaded car dealer.

How do you get the best car for a fair price? Come to the presentation Oct. 17, from 11:30 a.m. to 1 p.m.

## '5k By The Bay' steps off Oct. 18

The 68th running of the Newport classic, the Surface Navy Association "Destroyer Centennial" 5k By The Bay run and walk, will take place Friday, Oct. 18, at 5 p.m. at Naval Station Newport.

The proceeds of the race will go to benefit the Navy and Marine Corps Relief Society and the Newport Chapter of the Surface Navy Association.

The 5K run will start near Arleigh Burke Hall, loop around Coasters' Harbor

Island and Coddington Point, then finish back at Arleigh Burke.

Awards will be given for overall male and female winners, and the top two finishers in each individual and team division. Individual divisions will be by age groups, and team divisions will be Mixed, Male and Female.

For registration information, contact Lt. Carmelo Quijano at 841-2680.

## Intramural flag football

The Naval Station Newport Intramural Flag Football results for the week ending Oct. 4 follow:

### Sept. 30

NACC def. SWOS Alpha, 28-18

### Oct. 1

REDCOM def. SWOS Bravo, 32-0

### Oct. 2

JOA def. Helmets, 33-0

### Oct. 3

SWOS Delta def. NUWC

Nerds, 27-0

### Standings

JOA.....	3-0
RE2DCOM.....	2-0
NACC.....	1-1
SWOS Bravo.....	1-1
Helmets.....	1-1
SWOS Alpha.....	1-2
NUWC Nerds.....	1-2
SWOS Delta.....	1-2
S-Birds.....	0-1
SWOS Charlie.....	0-1

## Navy softball squad fourth in tournament

MIDDLETOWN — A Naval Station Newport softball team finished in fourth place in the 12-team George Greenman Memorial Softball Tournament, Sept. 28 and 29, at the Middletown recreation fields on West Main Road.

The Navy team, sponsored by Morale, Welfare and Recreation, was composed of players from the 2002 NAVSTA championship team, NoN-ames; the Naval Ambulatory Care Center; and Navy Warfare Development Command's "Out of the Box." They played in the NAVSTA Intramural Softball League that ended last month.

Navy started the tournament off Saturday with a 20-8 victory and later in the day, won 23-3.

On Sunday morning the Navy team lost a close game 26-25, but the next game made a big comeback to win the

game in the bottom of the last inning.

It took until Sunday to finally eliminate the MWR Navy Team after a loss to a team from Providence in the semi-finals.

Navy's coach was Ray Mignogna and the assistant coaches were Scott Stanton and Hank Halvorson.

The players from the NoN-ames team were Tom Perry, Tim Dowden, Dwaine Sampson, James Calhoun, Mark McCutcheon, Tim Harris and Mathew Stratton. From NACC were Hank Halvorson, Scott Clark and Zeke Vought. Lt. Cmdr. Scott Stanton, Brad Dakers and one civilian, Phino Loyola, represented NWDC.

Mignogna said, "The MWR Navy team represented Naval Station Newport in a most honorable and professional manner."



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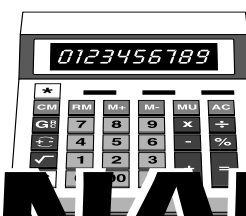
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## NACC Newport at MEDFLAG '02

ROTA, Spain (NNS) — A medical support team from U.S. Naval Hospital Rota was in Uganda recently in as part of MEDFLAG 02, a joint (multi service), combined (multiple country) medical training and civic assistance exercise conducted annually by the U.S. European Command.

The exercise provides mobility training and operational experience for U.S. medical units.

The Rota team was supported by personnel from U.S. Naval Hospitals Naples and Sigonella, Italy, as well as the Naval Ambulatory Care Center, Newport, R.I.

In addition to Uganda, partner nations included: France, Netherlands, South Africa, Morocco, Rwanda, United Kingdom and Kenya.

The team conducted a three-phase exercise that lasted 14 days.

Phases included training for mass casualties and disasters, humanitarian treatment and a simulated mass casualty exercise.

The Rota team was led by Cmdr. John Clayton, Medical Corps. Lt. Gerry Cruz, Medical Service Corps, was the mass casualty team chief and coordinator for Navy medical participants.

## Navy women rule volleyball

MILLINGTON, Tenn. (NNS) — For five days, the Army, Navy, Marine Corps and Air Force squared off against each other in the 2002 Armed Forces Women's Volleyball Championship held at Naval Support Activity Mid-South from Sept. 9-14.

The athletes on hand were the best each branch of service had to offer. The big question was which team was best?

The Navy team's coach, Lt. Katie Good, knew the answer all along: The Navy team.

The Navy women beat the Air Force team in their first tournament game, and they never looked back, posting a perfect match-play record.

"They beat the Army twice, the Marine Corps twice, and the Air Force twice. There isn't much doubt," said local volleyball fan Christine Richards.

At the closing ceremony four days later, the Navy team was presented with their gold medals. Following the ceremony, the Tournament All-Star and All-Armed Forces Team selectees were announced.

Each of these elite teams had at least one representative from each of the services, with several being named to both teams.

The Navy, again rose to the top, placing five members on the 12-person All-Armed Forces team.

## Bush calls on UN to disarm Iraqis

WASHINGTON (NNS) — "I haven't made up my mind we're going to war with Iraq," U.S. President George W. Bush said Tuesday. "I've made up my mind we need to disarm the man."

Saddam Hussein is a true threat to his neighbors and to the United States, the president said following a White House meeting with members of Congress. The United States is determined to disarm Iraq and thereby bring peace to the world, he said.

"The best way to deal with him is for the world to rise up and say, 'You disarm, (or) we'll disarm you.' And if, at the very end of the day, nothing happens, the United States, along with others, will act."

Bush acknowledged that Congress is working to reach consensus on a resolution to deal with Iraq. He said he doesn't want a resolution that will tie his hands or one that's weaker than the "very strong" resolution Congress passed in 1998.

"They wisely recognized that Saddam Hussein was a threat in (19)98 and he's more of a threat four years later," Bush said.

"This guy's had four years to lie, deceive, to arm up. He's had four years to thumb his nose at the world. He's stockpiling more weapons."

## SURFLANT gets 9 PCs

NORFOLK, Va. (NNS) — All nine Atlantic Fleet Cyclone-Class Patrol Coastal (PC) ships have now come under the administrative control of Commander, Naval Surface Force, U.S. Atlantic Fleet (SURFLANT) for issues regarding manning, equipping, training and maintenance.

Previously, those matters and operational issues had been

tended to by the U.S. Special Operations Command (USSOCOM) through Commander, Naval Special Warfare Command (CNSWC).

With the shift of administrative responsibility for the PCs from USSOCOM to SURFLANT, the ships will continue to operate in Operation Noble Eagle under the tactical control of the

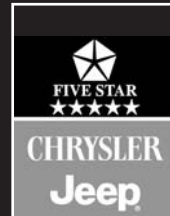
Coast Guard Atlantic Area command, but will now fall under the operational control of the U.S. Navy's 2nd Fleet.

The ships will report to SURFLANT on administrative issues through their immediate superior in command, Commander, Amphibious Group Two Rear Adm. Michael P. Nowakowski.



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